



TOWN OF SAINT ANDREWS

AGE-FRIENDLY COMMUNITY COMMITTEE

COMMUNITY ASSESSMENT & RECOMMENDATIONS

June 25, 2018

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INTRODUCTION

Passamaquoddy Lodge Inc. has been an important part of Saint Andrews for nearly 45 years, providing its residents a safe, home-like environment, excellent nursing care and a vibrant social life. Determined to become an even more integral part of the community, the Lodge's Board of Directors looked at programs and services in other jurisdictions, which might be adopted in their own nursing home and town.

The Age-Friendly community initiative, developed by the World Health Organization (WHO), seemed the perfect fit. The WHO's aim is to encourage cities and towns to retrofit their environments, policies and programs to 'enable seniors to live healthy, active, engaged lives in their own home and community'. However, it was the Board's and eventually what became the Saint Andrews Age-Friendly Community steering committee's intention, to broaden the initiative to make Saint Andrews (and surrounding areas) an Age-Friendly community for people of all ages.

To receive Provincial or Federal government financial support for any projects, programs or built structures resulting from the community consultation process, Saint Andrews needs to become a designated Age-Friendly Community. The path to receiving this designation is long, arduous and strictly laid out by WHO and both federal and provincial governments. Thankfully, the Saint Andrews AFC Steering Committee was committed to working tirelessly to see the project through to completion.

Its members represent a broad range of community interests, from schools, to churches, from senior groups to recreational organizations, from first responders and health care professionals to municipal councilors and many more. The AFC committee held their first meeting on April 10, 2017. It was their intention to complete the very strict designation process and hand in the final documentation to the Town of Saint Andrews, who in turn, would file it with the Province for approval by March 2019. To date, every deadline has been met. The AFC advisory committee, including two councilors, will oversee the implementation of the action plan.



Members of the Saint Andrews Age-Friendly Steering Committee

WHAT IS AN AGE-FRIENDLY COMMUNITY?

As stated in the *Living Healthy, Aging Well: A Report by the Premier's Panel on Seniors* making cities, towns and communities Age-Friendly is one of the most effective policy approaches for responding to demographic aging. The World Health Organization (WHO) defines an Age-Friendly town/community as a place that has an "inclusive and accessible (urban) environment that promotes active aging." Within that definition, the WHO identified eight areas or domains that influence the health and quality of life of older (indeed all) people, including:

1. Outdoor spaces and buildings;
2. Transportation;
3. Housing;
4. Social participation;
5. Respect and social inclusion;
6. Civic participation and employment;
7. Communication and information; and
8. Community support and health services.

Canada is an international leader in the field of Age-Friendly communities and member of the WHO Global Network of Age-Friendly cities and communities. To date, there are 560 communities in Canada who have become or are becoming Age-Friendly, many led by seniors, partnered by municipalities and supported by provincial governments. Age-friendly communities, whether in urban, rural or remote settings, are essential to not only the health and well-being of older people but essential across all age demographics.

The province of New Brunswick, has implemented the Age-Friendly community recognition program, adopting the criteria set out by the WHO and the government of Canada. To date, three communities in NB have been recognized as Age-Friendly, with 19 others working towards the provincial AFC designation.



Communities across New Brunswick that have received Age-Friendly Community status or are in the process of achieving it.

THE STEERING COMMITTEE'S MANDATE – TERMS OF REFERENCE

The committee was to provide input and recommendations to Council regarding the development of an Age Friendly approach to the town of Saint Andrews. This will eventually lead to the development of an Action Plan, shaped by the community's reality and what members of the community have said are their priorities. These actions, once fulfilled, will improve the quality of life for the Town's seniors and for the well-being of all town of Saint Andrews residents.

The committee's mandate was to engage with the residents of the Town to:

1. Identify means by which seniors, as well as all residents, can be assisted with living safe, healthy lives and participate fully in society; conduct an Age-Friendly assessment of the Town which would include a statistical profile,
2. Do a SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis,
3. Identify support mechanisms for seniors living in the community,
4. Identification of issues and opportunities by which the Town may improve the quality of life of its seniors and all other residents,
5. Write a summary of the above,
6. And provide recommendations to Council on how the Town may improve upon services so they might develop and implement an Age-Friendly Community Action Plan.



Water Street Saint Andrews

THE PROCESS TO OBTAIN AGE FRIENDLY RECOGNITION

To be recognized for their Age-Friendly efforts, communities must complete the following four basic steps based on the WHO framework. These steps demonstrate a community's commitment to Age-Friendly principles through community engagement and action. Each step is designated to help communities increase awareness and gather support from key partners (eg. citizens, local agencies, non-government organizations and local businesses.)

The process for the AFC approach includes the following steps:

1. Secure community commitment by having the Municipality commit to the AFC approach. This involves having a resolution passed to actively support, promote and carry out the initiative on behalf of the community.

A Motion was brought to the Regular October 1, 2017 meeting of Council as follows:

***"Motion 93 – 10/17** It was moved by Councillor Gumushel, seconded by Councillor Boyd and carried that it be resolved that Council continue to actively support and promote the work of the local Age-Friendly Committee and to consider as part of the 2018 Budget process, possible contributions toward each milestone in becoming an Age-Friendly municipality."*



Photo of Saint Andrews Town Hall

THE PROCESS (continued)

2. Establish an Age-Friendly Steering Committee and find support in order to actively engage the community, and in particular seniors.

The first meeting of the Saint Andrews and Area AFC Steering Committee was held on April 10, 2017. The following are the core members along with the sectors they represent. Please note, there have been many other volunteers and active participants in the initiative along the way.

The Steering Committee and the sectors they represented:

Lezlie LeBlanc (Chair)	Passamaquoddy Lodge
Caroline Davies	Not-for-profit organizations
Sandy Morgan	Passamaquoddy Lodge
Sylvia Humphries	Senior Goodwill Ambassador
Sue Corbyn	Passamaquoddy Lodge
Cathy Moulton	At Large
Keith Wobma	Sports & Recreation/Minister's Island
David O'Leary	SJDA
Jamie Steel	Cultural Activities
John Matheson	Churches
Kurt Gumushel	Town of Saint Andrews
Janice Fairney	Spindrifters (senior's organization)
Jaclyn Muir	NBCC
Penny Chase	NBCC
Louise MacFarlane	Passamaquoddy Lodge
Vicki Ridgway	At Large
David Johnson	Kiwanis
Shelley Hughes-Turner	Chamber of Commerce
Karen Lord	Passamaquoddy Lodge
Paul Nopper	Chamber of Commerce
Bryan Ferguson	At Large
Kevin Theriault	Saint Andrews Fire Chief/First Responders

THE PROCESS (continued)



Saint Andrews AFC Committee Members

3. Conduct an Age-Friendly assessment consultation with the community and seniors.
This was done in four phases using different modalities. The first:
 - (a) Two focus groups were held on October 30, 2017.
 - (b) Day for the Ages, an open forum discussion, was held on November 25, 2017.
 - (c) A detailed statistical analysis of Saint Andrews and area was completed in December 2017, and
 - (d) The Town of Saint Andrews Age-Friendly Community Survey was completed and collated in May 2018.

THE PROCESS (continued)



Day for the Ages – Held November 25, 2017 at the W. C. O'Neill Arena, St. Andrews

4. Establish a comprehensive action plan, including measures that respond to the needs identified by seniors and other members of the community. The Town has agreed to share the Community Assessment, Recommendations & Action Plan on their website: www.townofstandrews.ca The Age-Friendly Steering Committee approved this document on June 20, 2018.

COMMUNITY DEMOGRAPHICS

A preliminary task of the Age Friendly Community Steering Committee was to prepare a statistical profile of Saint Andrews. The criteria included: population, age, gender, language, marital status, housing, income and education. In addition to these statistics, life expectancy, quality of life, climate, services and amenities were also analyzed.

Information was gathered from 2016 and 2011 Statistics Canada National Household Survey Census Profiles, NB Health Council Community Health Profile 2017, weatherbase.com, and various other available sources. The data is to be used to better understand the composition of the community, and as a guide to identify action items.

Population & Age

The total population of Saint Andrews decreased from 1889 (2011) to 1786 (2016): a *decrease* of 5.5%.

2016 shows that 210 people were aged 0-14 years: a *decrease* from 250 in 2011. 1040 persons were aged 50-64: a *decrease* from 1215 in 2011. 540 persons were aged 65 years and over: an *increase* from 430 in 2011. **It is of note that in 2016, 53.9% of the town's total population were age 50-100 years.**

The percentage of persons 65 years and older has increased from 22.8% (2011) to 30.2% (2016): an *increase* of 7.4%. This increase is not exclusive to Saint Andrews: results for the province show growth in this age group from 16.5% (2011) to 19.9% (2016): an *increase* of 3.4%.

The median age in Saint Andrews increased from 48.5 (2011) to 52.8 (2016) – one of the highest median ages in the province.

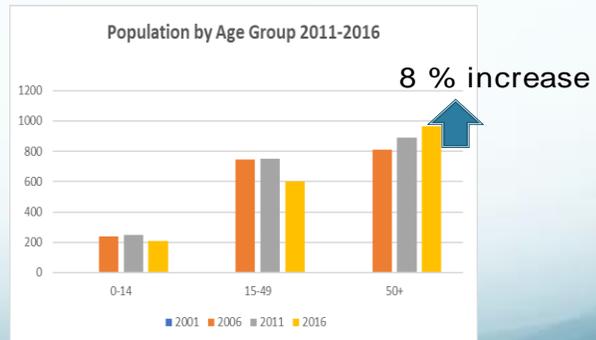
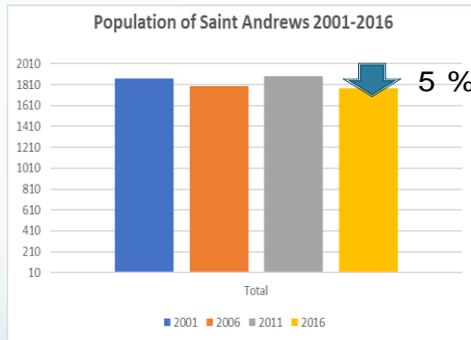
Income

In 2015 Saint Andrews had an average total income of households of \$82,526. New Brunswick had an average total income of households of \$72,786. The average total income of Canadian households was \$92,764. It should be noted that in Saint Andrews 195 households (15 years and over) had a total income under \$10,000 (including loss) and 100 households had a total income of \$100,000 and over.

Education

In 2016, based on 25% sample data of the Saint Andrews population aged 15 years and over, 35% hold a university certificate, diploma or degree at bachelor level or above. Also, 25% hold a college, CEGEP or other non-university certificate or diploma.

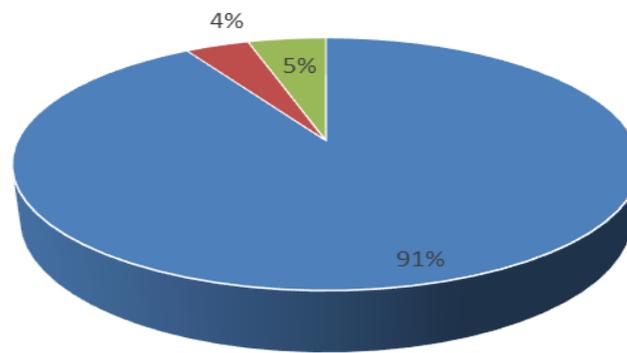
Statistical overview



Census 2001 to 2016

And we are a Pretty Happy Community

Q58 I am satisfied with my life in general



Legend: Agree (Blue), Disagree (Red), Unsure (Green)

AREAS FOR ACTION

In summarizing the feedback received, the areas for action are listed in the order of priority assigned by the community respondents.

COMMUNITY SUPPORT AND HEALTH CARE

Purpose

Ensure that a full range of health (mental, physical, spiritual) and support services are available to all residents of Saint Andrews – from the very young to the very old.

Findings

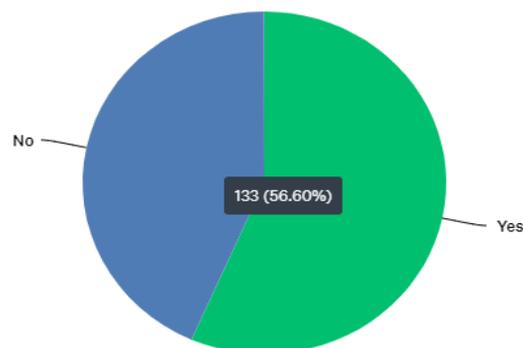
Community support and health services were of foremost concern to everyone who participated in the three forms of community assessment. Seniors want to live in their homes and their community to the end of their days, but without the appropriate support and health care services, it is just not possible. We have already seen some people moving to Saint John, just to be closer to the health care services they require.

Survey respondents and forum and focus group participants believe Saint Andrews needs a wellness/health care clinic where a whole range of health care needs could be met, including acupuncture, massage therapy, physiotherapy, dental care, nutrition counselling, lab work, occupational therapy, and therapy specific to gerontology. This center preferably would also include an exercise space to encourage healthy movement – yoga, Tai Chi, etc. – well into old age.

Ideally, there would be space in the center for two doctors, at least one nurse practitioner, a space for visiting specialists who would visit the clinic on a regular basis, psychologist and or psychiatrist, and dentist. This wellness center would be of benefit not just to Saint Andrews' residents, but to the entire peninsula and beyond. While the town does have community support services such as Meals on Wheels, Hospice, Extra Mural care, and Dial a Ride, these are not utilized to their capacity and should be promoted on an on-going basis.

Q52: Do you have a Family Doctor or Nurse Practitioner in Saint Andrews and surrounding area? (The surrounding area includes Bayside, Bocabec, and Chamcook.)

Answered: 235 Skipped: 5



AREAS FOR ACTION

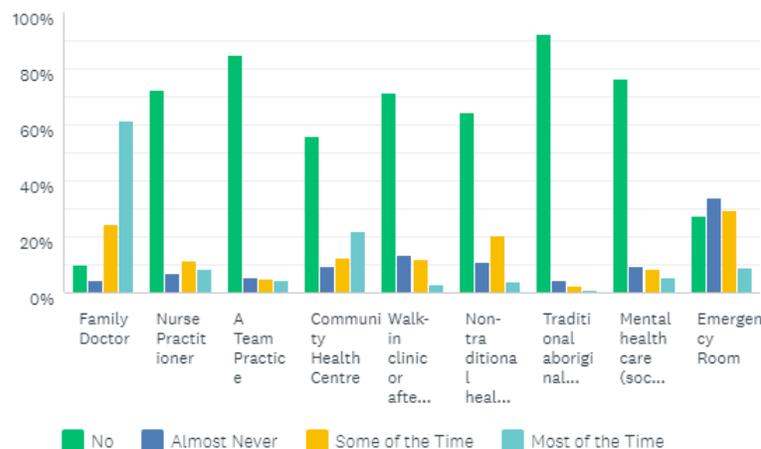
COMMUNITY SUPPORT AND HEALTH CARE (continued)

Recommendations

* The Town is already looking at developing a new medical center. It is important they understand the full scope of what the residents want included in a future health care facility.

- That a new facility be a place of physical and mental health care education. Residents could be given advice and information on everything from weight loss, to smoking cessation, to fall prevention to how to care for a loved one with dementia.
- Attract more doctors, nurse practitioners, and a dentist to Saint Andrews.
- Identify what other services will be provided, whether on a part-time basis or not, at the medical/wellness centre, including space for indoor physical activities such as aerobics, Tai Chi, yoga.
- Create a resource booklet (both on line and hard copies) of all the programs that are available to seniors, families, those who have handicaps, are financially strapped, are autistic, have dementia, or mental illness.
- Create a recreation director’s position in Saint Andrews. This person would oversee the development, of among other things, a walking/running track around the Mallory field; source and place exercise equipment, specifically designed for seniors – outside – scattered throughout the town and develop intergenerational programs to keep Saint Andrews citizenry fit from infancy to old age, throughout the year.

Do you go to any of the following when you need health care?



AREAS FOR ACTION

HOUSING

Purpose

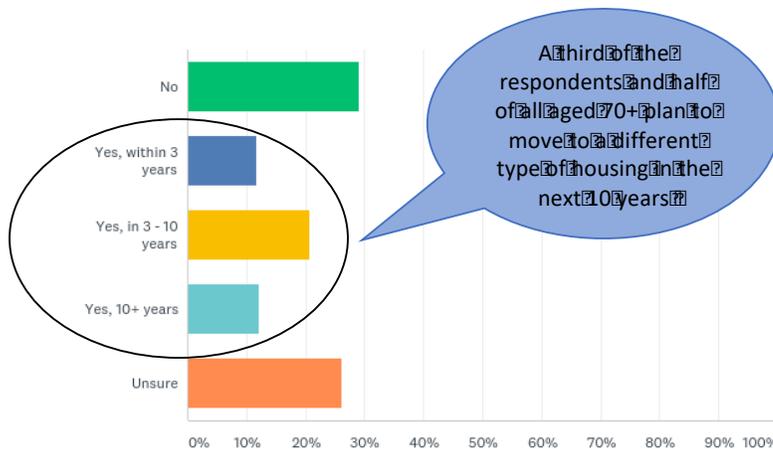
Ensure that housing is affordable, safe and well-designed for seniors, families, students and singles.

Findings

Affordable, intergenerational housing is consistently the number one concern for the residents of Saint Andrews, especially its seniors.

The two focus groups, the open forum discussion and the survey all revealed a lack of appropriate housing options for seniors, students, summer employees and young families in particular. When Anchor’s Landing, a 34-unit apartment building for people 50 plus was completed in 2017, it was filled immediately, mainly with Saint Andrews’ residents who were down-sizing from large, single-family homes that required a lot of upkeep, inside and out. The survey shows that over the next 10 years, a third of the respondents and half of all aged 70 plus, plan to move to a different type of housing. Another question in the survey revealed that the type of housing they hope to move into will be apartments or condominiums.

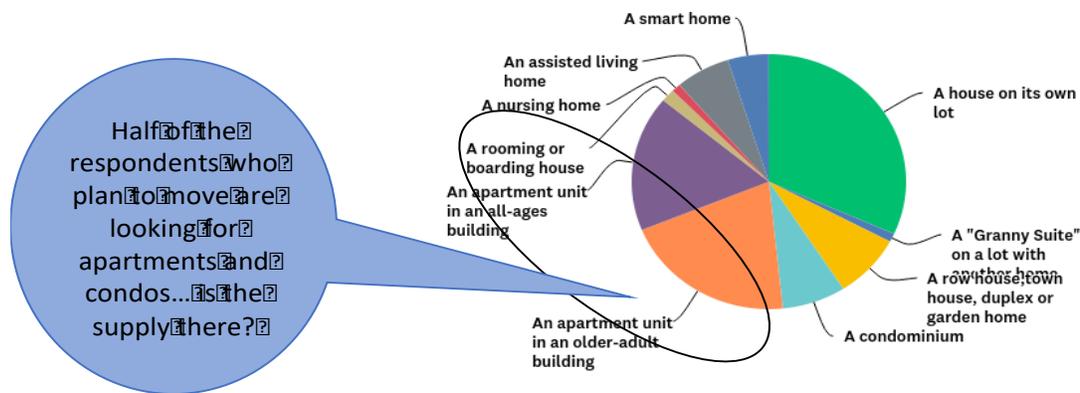
Do you plan to move to a different type of housing in the future?



AREAS FOR ACTION

HOUSING (continued)

Q23 If you plan to move in the future: What type of housing would you look for? (che likely answer)



24

If those are not readily available, those residents will be forced to move to other communities; some of Saint Andrews' residents have already done so.

Recommendations

- Review current zoning bylaws and Town policies to integrate different types of housing – especially in the downtown core. Culture of “no change” has got to change.
- Look at changing estate/residential zoning to service/residential.
- Incorporate “universal” design in any new building.
- Work with developers and contractors to identify any impediments to their building in Saint Andrews.
- Provide developers the information gathered during the AFC assessment process and encourage their development of Age-Friendly, intergenerational housing options.
- Develop a list of paid for service people and volunteers who will provide small repairs, snow shoveling, lawn care, etc.

AREAS FOR ACTION

TRANSPORTATION

Purpose

Ensure there are accessible and affordable transportation options for seniors and all residents of Saint Andrews. Ensure traffic and parking do not discourage the use of our town's businesses and services.

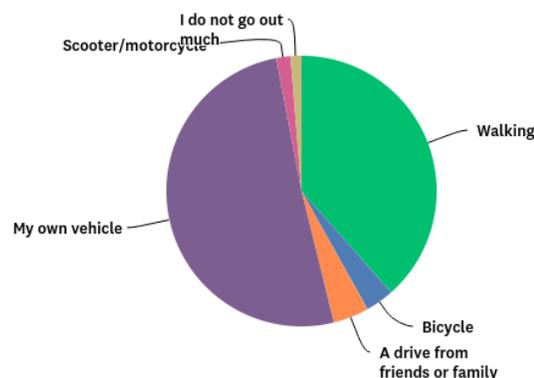
Findings

A significant determinant of independence is mobility. Having transportation options which are safe, accessible and affordable are essential to an age-friendly community. Transportation issues – whether a lack of an affordable taxi service, inconvenient bus schedules, no accessible transportation for seniors with mobility aids, or not being able to find a parking space on the front street – were of upmost concern to all those participating in the assessment process.

Seniors in Saint Andrews are a very active group; most respondents are still driving their own vehicles, many ride bicycles or walk daily. The town is also blessed to have a volunteer Dial A Ride service and the Rural Links bus which runs daily from Saint Andrews to Saint John, return. However, it is the very aged and those seniors who use mobility aids (walkers/wheel chairs) who are finding transportation the most challenging.

Even those lucky seniors who have retained the ability to drive themselves to and from the grocery store or the post office, may be unable to do so if they cannot find nearby parking. Walking even a few blocks can be difficult if the person suffers arthritis or hip, knee or back issues.

Q7 How do you usually get around Saint Andrews? (check the one you most often use)



AREAS FOR ACTION

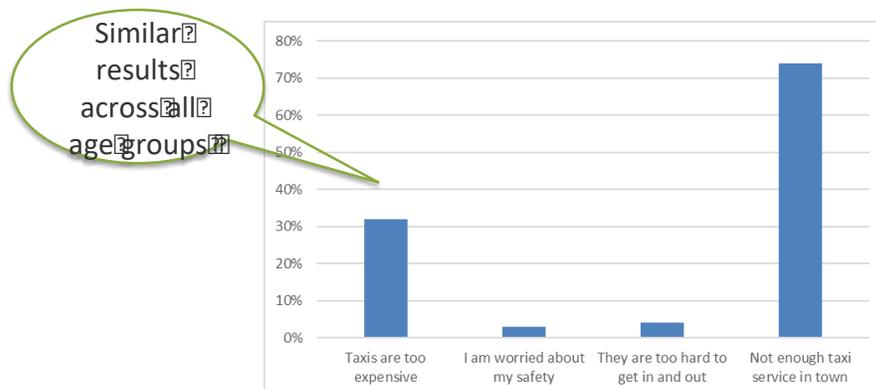
TRANSPORTATION (continued)

Recommendations

- Promote greater use of Rural Lynx, which might encourage the scheduling to be more convenient.
- Explore the purchase of transportation dedicated to seniors and those physically challenged.
- Have a hop on/hop off bus during the busy tourist season so people could leave their cars at home and still have the ability to get to everything in town – this would be convenient for locals and tourists alike.
- Make more handicap parking spaces behind the Town Hall.
- Make Water Street a one-way street from late June to early October.
- Restrict trucks from off-loading their goods (especially on Water Street) to designated hours.
- Educate tourists not to park in front of people's driveways.
- Promote more regular, dependable taxi/uber service.

Q11: Answer only if you want to use taxis: Have any of the following kept you from using taxis as much as you want to get around?

108 responses



AREAS FOR ACTION

OUTDOOR SPACES AND BUILDINGS

Purpose

Ensure outdoor spaces and buildings are safe and well designed for seniors and all residents of Saint Andrews.

Findings

Saint Andrews is an historic town, officially established in 1784. It has a wealth of stunning built history attracting writers, photographers, tourists and new residents to our beautiful seaside town. Unfortunately, that historic beauty means that many public buildings, churches, homes and storefronts were not built with handicap accessibility in mind. Over the past number of years, the majority of our public buildings and churches have been retrofitted with ramps, and even elevators. Homes, where need be, have also had ramps, wider doorways, and chair/stair lifts installed. The more difficult issue has always been the store fronts along Water Street, all of which are within a National Historic District.

While some of these buildings do have side entrances where ramps could have or have already been built, many do not, and their front entrances are right on the sidewalk, making a ramp at the front very difficult. The people who participated in the assessment, while recognizing the lack of accessibility to some of the buildings, did not want to change the street scape and lose the area's historical status. Historical preservation is very important to the citizens of Saint Andrews.

People were concerned about the unevenness of the sidewalks downtown and the lack of sidewalks in the subdivision (where there is a senior's apartment building and many young families), and around the point. Sidewalks, lack of benches and more accessible bathrooms were also of concern.

Recommendations

- Build paved sidewalks around the perimeter of the town plat and in the subdivision. Identify curb to street for those that are visibly impaired.
- Include bike paths and bike racks within town core.
- Need more cross walks, with some being lit
- Better lit streets in neighbourhoods.
- Clearly designate the sidewalk on the wharf and more safety rails.
- More benches and garbage cans in our parks and along the sidewalks and trails.
- More public washrooms (in town and on the trails) and they need to be accessible.
- The trails need to be better identified, have maps printed for tourists and use the trail for educational purposes, not just recreation.
- Explore to see if some of the shops can make their entrances more accessible.

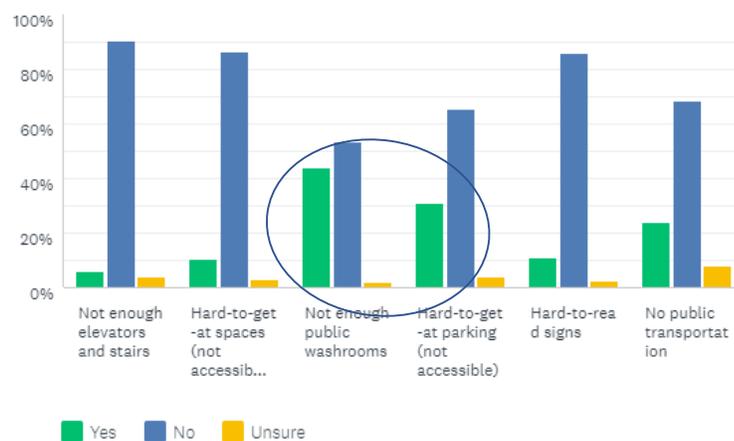
AREAS FOR ACTION

OUTDOOR SPACES AND BUILDINGS (continued)



Van Horne Trail

Have any of the following kept you from using buildings in Saint Andrews?



AREAS FOR ACTION

SOCIAL PARTICIPATION

Purpose

Ensure that opportunities are available for seniors to be socially active, with an emphasis on intergenerational activities.

Findings

A recent study showed that the top indicator for a longer, healthier life is not exercise or even diet; it is daily social interaction. Saint Andrews is a very active community both physically and socially. We have a number of very vibrant churches, an extremely active seniors' organization (Spindrifters), book clubs, tennis groups, curling club, Saint Andrews Arts Council, Sunbury Shores Arts and Nature Center, and the Saint Andrews Community Players to name but a few. Seniors have a vast wealth of knowledge. What appears to be lacking, according to the findings, were intergenerational activities.

People felt the community should be more supportive of events both at the high school and at the New Brunswick Community college. NBCC students are mentors to the children making use of the youth center; but is the community mentoring them - making them feel at home? It is felt that if the town had a recreation director, this would be a benefit to the NBCC students who are with us temporarily as well as to all our permanent residents.

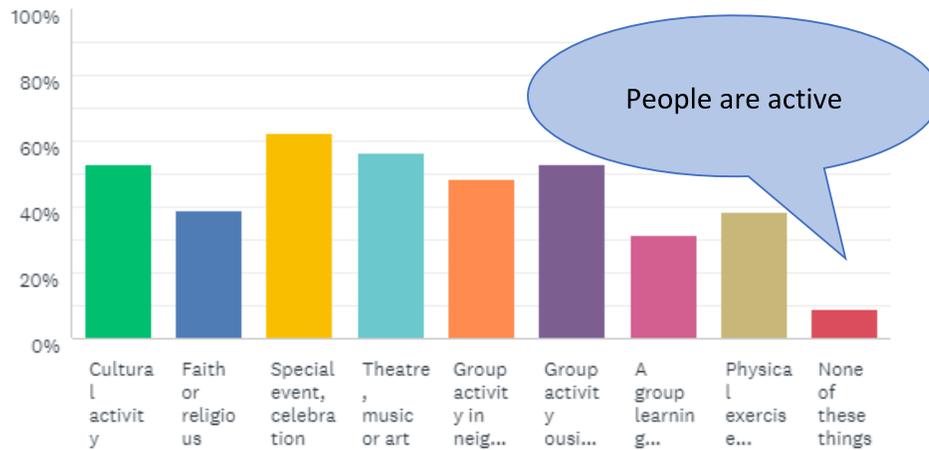
Recommendations

- What needs to be addressed is more effective dissemination of information about what is already happening in town.
- Organize more intergenerational events – some suggestions were ethnic pot lucks, courses in DIY projects and home repairs, affordable art classes.
- Create a “look after your neighbour” mentality.
- Create volunteering opportunities for all ages.
- Create employment opportunities for seniors who want to continue to be a vital part of the community.
- Open an “Inclusion” center.
- Explore the **Community Check-In** program provided by the Red Cross that helps seniors feel connected.

AREAS FOR ACTION

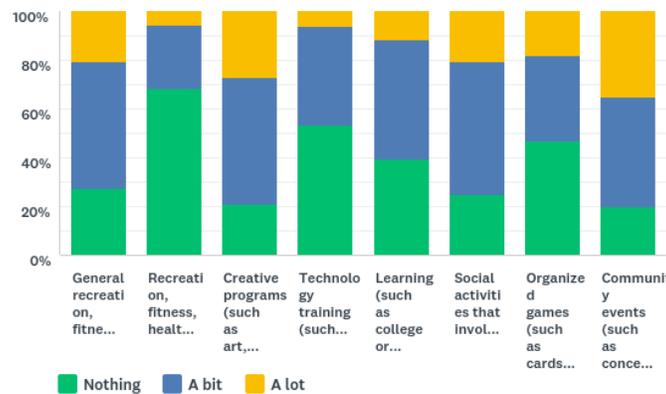
SOCIAL PARTICIPATION (continued)

In the last 3 months, have you gone to any of the following?
(check all that apply)



29

Q28 How much do you know about the following activities for adults aged 50+ in Saint Andrews



AREAS FOR ACTION

RESPECT AND SOCIAL INCLUSION



Visitors to Passamaquoddy Lodge

Purpose

Ensure that relationships within the community are respectful and inclusive.

Findings

Participants throughout the consultation process, both young and old, feel welcomed and valued by their community. They also said they feel included and welcomed in the many community activities and organizations. However, there was one area that seniors, in particular, felt unsure they were welcome – the volunteer sector, whether it be with the Town or other organizations. Seniors have a vast wealth of knowledge and experience, and they have said they want to volunteer – we need to take advantage of that desire.

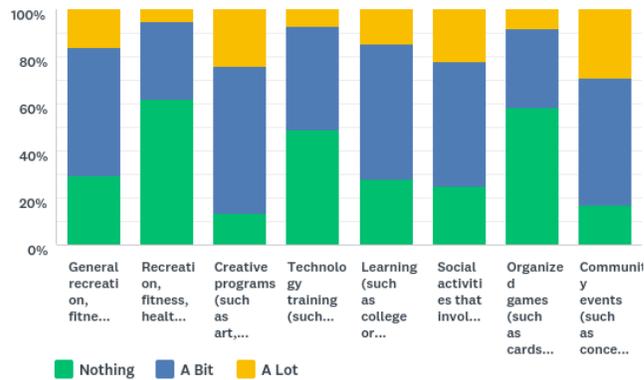
The survey revealed that Saint Andrews is an inclusive community; respondents said they do not feel excluded because of age, race, sexuality or faith. They also feel respected by Town staff, staff within businesses, children, their families and their neighbours.

A noted barrier to inclusion is the lack of accessibility to Town facilities and businesses for those using mobility aids.

AREAS FOR ACTION

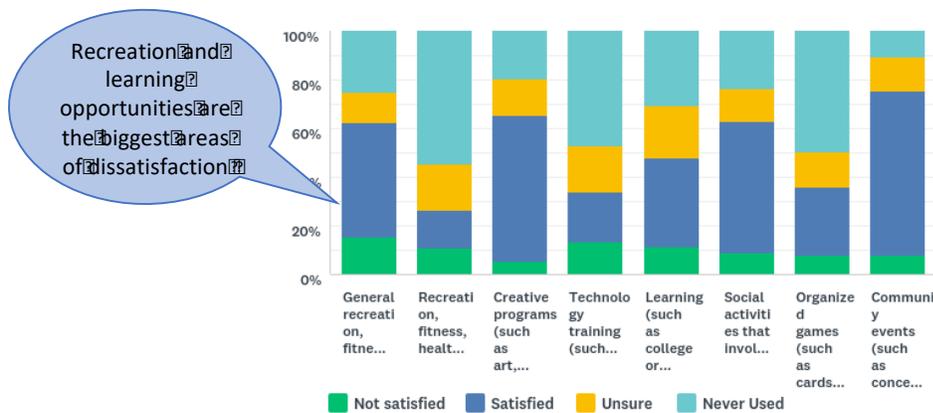
RESPECT AND SOCIAL INCLUSION (continued)

Q29 How much do you know about the following activities for adults aged under 50 in Saint Andrews and surrounding area?



31

Q30 Please say whether or not you are satisfied with these activities. (You do not need to have taken part in them in order to answer this question)



32

AREAS FOR ACTION

RESPECT AND SOCIAL INCLUSION (continued)

Recommendations

- Develop a volunteer data base of needs and available skills (of both seniors and youth).
- Establish a community kitchen to educate (nutrition, cooking, growing food), prepare food in bulk, do canning and preserving, inform on seed (existing) and recipe library, and open to everyone for lunch.
- Develop a “gratitude list” or recognition program.
- Research existing groups that encourage elder wisdom who share that wisdom with younger generations.
- Remove physical barriers to all municipal buildings and Town-owned sites. Encourage business owners to make their properties more accessible.



Pantomime – Saint Andrews Theatre Group November 2017

AREAS FOR ACTION

CIVIC PARTICIPATION AND EMPLOYMENT

Purpose

Ensure that seniors can take part in volunteer, political and employment opportunities.

Findings

Saint Andrews has a large volunteer base, people who donate their creative abilities to the Community Players, gardening skills to the community garden, or compassion and time to those in need of hospice care. However, despite our active volunteering tradition, the survey showed there is a lot of uncertainty about support programs, services and information for volunteers.

Many citizens of Saint Andrews told us they also do not volunteer because of the cost to them, or lack of transportation and even in some cases, because they have never been thanked. Nearly 90 % of those who told us they didn't volunteer, said they would if those constraints were removed.

Another significant discovery was the number of seniors in Saint Andrews who were looking for employment – both full and part-time. Given the lack of available students for summer employment (mainly because of the high cost of housing) and given that the provincial government has just announced a senior's employment initiative, our seniors seemed to be an untapped resource.



Meals on Wheels

AREAS FOR ACTION

CIVIC PARTICIPATION AND EMPLOYMENT (continued)

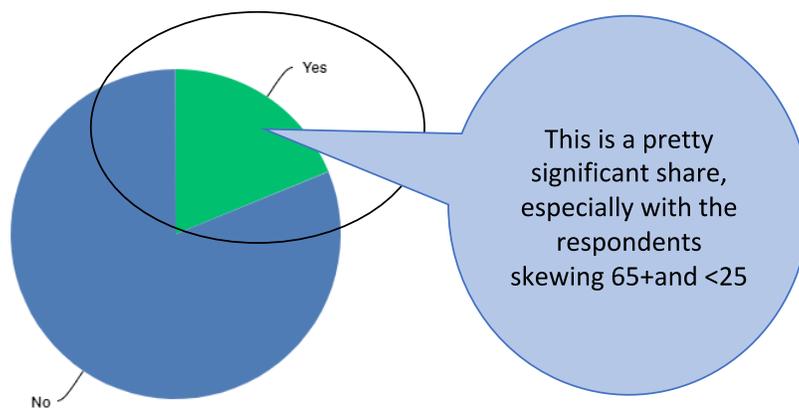
Findings (continued)

It was also found that many people did not understand how our municipal council works, the processes they use to come to a decision and how that decision is carried through to an action. Townspeople feel there needs to be better communication between the Council and the Town's folk.

Recommendations

- Survey the businesses (Chamber of Commerce) to see if they might be willing to hire seniors.
- Develop a data bank (booklet) of people looking for work (part and full-time), their job skills, and what jobs are available.
- Develop a similar data base, or booklet, of people who want to volunteer, describing their skills and what volunteer positions need to be filled.
- Promote the co-op program at Sir James Dunn Academy within the business community.
- Create opportunities for people (young and old) who are isolated, allowing them to volunteer and become more connected to their communities.

Are you looking for employment?

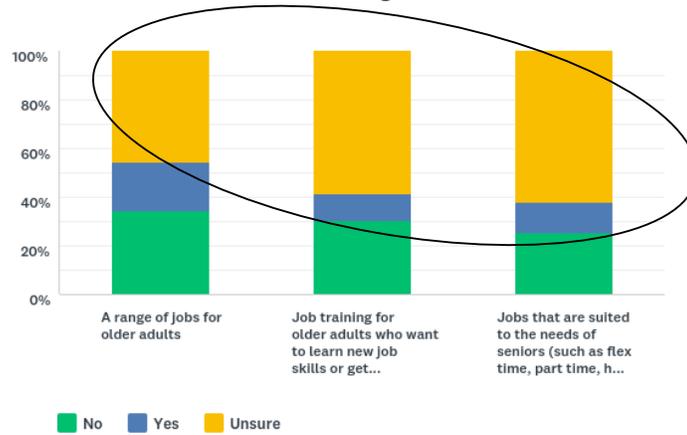


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AREAS FOR ACTION

CIVIC PARTICIPATION AND EMPLOYMENT (continued)

Q42 Jobs: As far as you know, does Saint Andrews and the surrounding areas have the following?



40

AREAS FOR ACTION

COMMUNICATION AND INFORMATION

Purpose

Communication is fundamental to our day-to-day existence. Accessibility and distribution of information support inclusion and social participation, critical to ensuring the health and well-being of seniors, in fact, of people of all ages. Information should be easy to find and in easy to understand document(s).

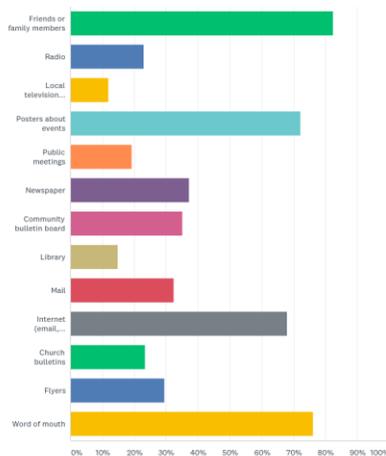
Findings

There is a high level of unawareness of services and programs, as well as a lack of a coordinated communication strategy among the Town, its organizations and services, government (federal/provincial), and the Saint Andrews’ Town’s people. Participants in the assessment process told us that they use many forms of media to get information about events and services, so any solutions will have to tap into all these information providers to be effective.

People preferred that the Town be a hub for information dissemination – either through a website, email, or social media. However, for this to be effective, the information must be coordinated from all the various programs, organizations, services, and updated regularly. The community bulletin boards – especially those in front of Town Hall and at the post office - as well as word of mouth, are still a reliable source of information.

Q43: In the last few months, how did you usually get the information you needed about Saint Andrews and the surrounding area? (

Answered: 234 Skipped: 6



Powered by SurveyMonkey

AREAS FOR ACTION

COMMUNICATION AND INFORMATION (continued)



Community Bulletin Board

Findings (continued)

Information about key services provided by the Town's first responders is woefully lacking – the survey showed more than 50% of respondents were unsure about crime and fire prevention programs being provided. They were equally unsure about extra-mural services, financial aid for seniors, support for volunteers, or where to go to find information about government services.

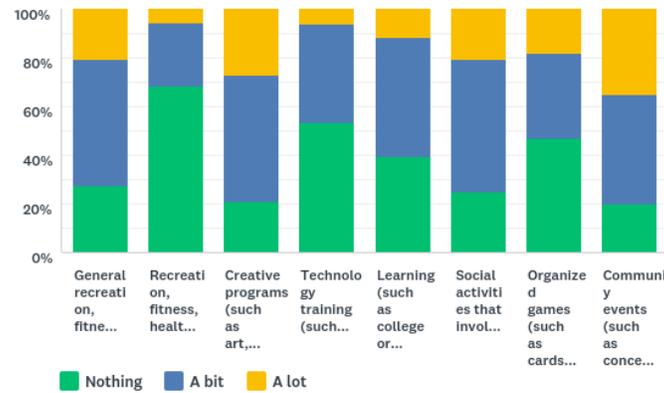
Recommendations

- There is a lack of promotion of social and recreational programs and medical services at all levels.
- Need a resource booklet/data base: medical, social, recreational, volunteer, community services – this is a number one priority.
- Need a recreational/communication director/coordinator to not only organize events but to develop and carry out a communication strategy.
- There needs to be a "Saint Andrews" page on the Town website where organizations can post poster/information regarding events. There were other suggestions that this page (or the resource data base/booklet) could be updated regularly either by a recreation/communication director or a volunteer.
- Town's people suggested a monthly community get-together – a community breakfast or potluck, where information about the upcoming month could be disseminated.
- People should be encouraged to use the information services we already have in Saint Andrews – CHCO, bulletin boards, Town newsletters, church bulletins, organizations' website, Spindrifters, etc.

AREAS FOR ACTION

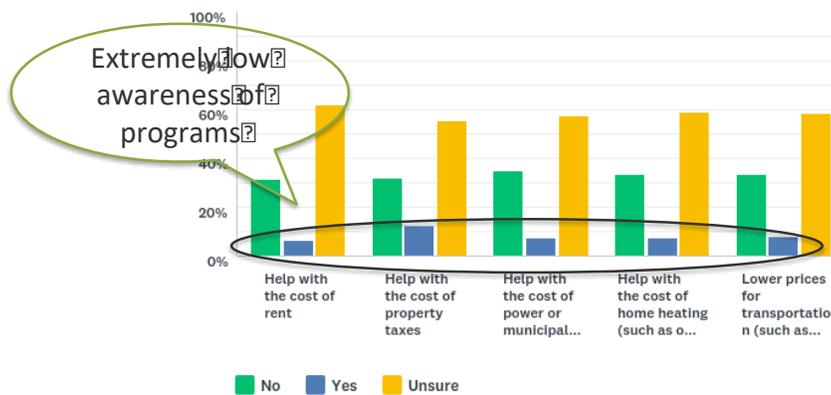
COMMUNICATION AND INFORMATION (continued)

Q28 How much do you know about the following activities for adults aged 50+ in Saint Andrews



30

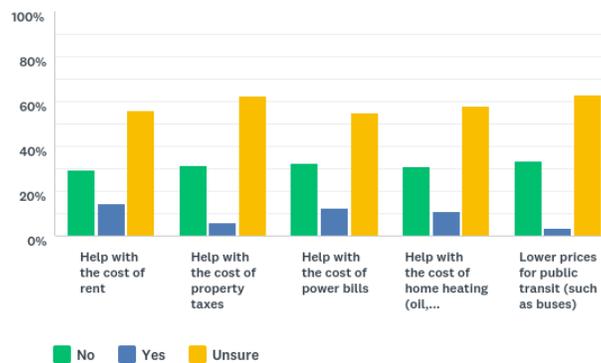
Q19 As far as you know, are the following cost-saving programs available for seniors in Saint Andrews and surrounding areas?



AREAS FOR ACTION

COMMUNICATION AND INFORMATION (continued)

Q20 As far as you know, are the following cost-saving programs available for people other than seniors in your community?



NEXT STEPS

The Age-Friendly community steering committee will present their findings and recommendations (action plan) to Town Council on June 25th, 2018. One of the recommendations will be the establishment of an advisory committee to monitor the implementation of the action plan and report to Council on ensuring Saint Andrews is recognized as an Age-Friendly community and continues to be in future years. This report is based on the feedback we received from community residents and does not reflect our personal opinions. We have prioritized the action plan initiatives based on the priority the community participants gave them. Although it is placed last, the theme of communication and information was repeated for every domain and implementing its recommended actions will impact all the others.

1. Community support and health services;
2. Housing;
3. Outdoor spaces and buildings;
4. Transportation;
5. Social participation;
6. Respect and social inclusion;
7. Civic participation and employment; and
8. Communication and information.

This report and its appendices will be posted on the Town website.

ACKNOWLEDGEMENTS:

The Age-Friendly community steering committee wishes to acknowledge the support and commitment of the Town of Saint Andrews, both staff and councillors. We also acknowledge the support of the provincial Wellness Program, the Saint Andrews Kiwanis Club, the Chamber of Commerce, and all those who donated prizes. Special thanks goes to all who participated in the various steps of the process, providing input, feedback, suggestions on making Saint Andrews age-friendly.

Without the dedication and hard work of all who gave of their time and energy to this process, members of the steering committee, staff of the Passamaquoddy Lodge and volunteers at Day for the Ages and the survey, we would not have accomplished so much over such a short period of time: THANK YOU!

Appendices:

1. **Action Plan**
2. **Statistical Summary**
3. **S.W.O.T. Analysis (Strength, Weakness, Opportunity, Thread)**
4. **Power Point Presentation**



Saint Andrews Age-friendly Community Action Plan Summary

June 2018

Objective #1 – Ensure a full range of health and support services are available to Saint Andrews' residents.

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Develop a new medical/wellness facility	Town Council, Province of New Brunswick	Province of New Brunswick, Town, Donors	Provincial Government, Contractors	Short term	Public consultation, Funding secured, Facility built as an inclusive medical/wellness facility, Availability, staff attracted,	
2. Have medical/wellness facility be inclusive of a variety of medical modalities, as well as be an educational center on a variety of health issues	Medical professionals, including dentistry, nutritionists, smoking cessation counsellors, mental health providers, podiatrists, and Extra Mural care givers to name but a few.	Medical professional, Province of New Brunswick, town organizations and individuals who have the skills to educate on wellness-themed topics	There are a number of medical professionals in the town and county already. Help from the Province to attract more. Town help with recruitment of health professionals.	Short term, on going	Facility exists that has the space to include holistic medical team Medical professionals work at the facility Uptake by residents	
3. Have a space in the medical/wellness facility for such health related activities as yoga, Tai Chi and aerobics	Town, Province, local providers of yoga, Tai Chi and aerobics	Government programs and user fees	Government programs (senior, recreational, health), users	Short term, on going	Awareness of available space Usage	
4. Create a resource booklet of all programs available to seniors, families, those who have handicaps, financial difficulties, autism, those living with a family member with dementia or mental illness	Town, Province, Federal government	Town, Province, advertisers, donors	Town, Province, Federal government, Spindrifters, Other organizations	Short term, on going	Resource booklet exists and is available and publicized both on-line and in hard copy. Feedback from users, as well as those providing a service	
5. Create a Recreation Director position.	Town	Town, Province, Organizations, Donors	Other communities willing to share their experience and successes with recreational directors (Grand Bay, etc.)	Short term, on going	Development of recreational programs for children, adults and seniors, the development of a walking/running track around Mallory Field, the placement of outdoor exercise equipment throughout the town, improved physical fitness of Saint Andrews' citizens	

AFC – STEERING COMMITTEE ACTION PLAN – Housing**Objective #2 – Ensure that housing is affordable, safe and well-designed for seniors, families, students and singles.**

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Update current zoning by-laws and Town policies allowing different types of housing – especially in the downtown core.	Town		Town	Short term	A change in bylaws allowing a variety of housing options in the down town core and elsewhere within the town.	
2. Look at changing estate/residential zoning to service/residential.	Town		Town	Short term	A change in by-laws	
3. Incorporate universal design in any new building.	Town, Builders, Contractors, Public		Town, Builders, Contractors	Short term,	All new construction using the universal design concept. Smart homes concepts incorporated	
4. Work with developers and contractors to identify any impediments to their building in Saint Andrews.	Town, Developers, Contractors		Town, developers, contractors, planners	Short term, on going	Seeing more construction within the town. More housing options. More accessibility.	
5. Provide developers the information gathered during the AFC assessment process and encourage their development of age-friendly, intergenerational housing	Town, Seniors Advisory Committee (yet to be formed – Council and members of the public)		Province, Federal government	Short term, on going	The construction of age-friendly, intergenerational housing. Construction of affordable housing options	
6. Develop a list (data base) of paid for service people and volunteers who can provide small repairs, snow shoveling, lawn care, etc.	Town, Local Service Providers, Volunteers, Chamber of Commerce	Provincial Programs	Town, NBCC, Chamber of Commerce, SJDA	Short term, on going	Having a data base/list/booklet of service people and volunteers who can provide small repairs and maintenance.	

Objective #3 – Ensure there are accessible and affordable transportation options for seniors and all residents of Saint Andrews. Ensure traffic and parking do not discourage the use of our town’s businesses and services.

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Advocate for public transportation.	Town, Province, South West Transit Authority.	Existing, Province, Donors, Federal government.	South West Transit Authority	On going	Increased ridership Improved information on what is available and when	
2. Explore the purchase of transportation (small bus) dedicated to seniors and those physically challenged.	Town, Seniors Advisory Committee (yet to be formed), local organizations, Passamaquoddy Lodge	Provincial and Federal governments, Organizations, Donors.		Short term, on going	Grant applications completed, Funding realized, Vehicle purchased, Usage.	
3. Have a hop on/hop off bus during the busy tourist season so people could leave their cars at home – convenient and attractive for tourists and townspeople	Town, Organizations, Chamber of Commerce, businesses	Provincial and Federal programs, local businesses, advertisers, donors.		Short term, on going	Research cost completed. Bus available. Grant applications completed, Funding realized, Vehicle purchased and operating, Signage.	
4. Designate more of the parking spaces behind Town Hall are for handicapped users.	Town		Town Crew	Short term	The spaces are painted and signs installed indicating the spaces are for handicapped users.	
5. Make Water Street a one way from late June to early October.	Town, (Province?)		Town Crew	Long term	Traffic study completed. Signs installed. Information sent out to the businesses and residents, educating them on the change.	

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
6. Restrict trucks from off-loading their goods (especially on Water) to designated hours.	Town, local businesses owners (BIA), Chamber of Commerce, trucking companies.		Town, local business owners, BIA, Chamber of Commerce, trucking companies.	Short term, on going	Discussion of this option between Town officials, business owners and trucking companies. Restricted off-loading hours implemented.	
7. Educate tourists not to park in front of people's driveways.	Town, local businesses (BIA)	Town, BIA, Chamber of Commerce	Town, BIA, Chamber of Commerce, residents	Short term, on going	Explore signage needed, develop a brochure educating tourists on parking restrictions. Educate through by-law enforcement.	

AFC – STEERING COMMITTEE ACTION PLAN - Outdoor spaces and buildings**Objective #4 – Ensure outdoor spaces and buildings are safe and well designed for seniors and all residents of Saint Andrews.**

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Build paved sidewalks around the perimeter of the town plat and in the subdivision. Identify curb to street for those who are vision impaired.	Town	Town, Province, Federal government	Town, Province	Long term, on going	Conduct traffic study. The construction of paved sidewalks where recommended, Identification between curb and street.	
2. Need more cross walks, with some being lit.	Town	Town, Provincial funding programs	Town, Province	Long term, on going	Study where cross walks most needed (Town crew may already know), do a cost analysis. Install more side cross walks.	
3. Clearly designate the sidewalk on the wharf and more safety rails.	Town	Town, Provincial and Federal governments.	Town	Short term, on going	A decision made on how to more clearly mark the sidewalk on the wharf. Sidewalk clearly defined. Install better safety rails.	
4. More benches and garbage cans in our parks and along sidewalks and trails.	Town	BIA, Chamber of Commerce, Local organizations, Donors, Residents.	Town, BIA, Chamber of Commerce, Organizations, donors, residents.	Short term, on going	Town deciding where they can go, and more benches and garbage cans purchased and installed.	
5. Need more public washrooms (in town and on the trails) and they need to be made accessible.	Town	Town, Province, Local Businesses, Organizations	Town	Short term, on going	The installation of more bathrooms in town and on the trails. Better, more visible signage for all public washrooms.	
6. Trails need to be better identified, have maps printed for tourists. Use the trails for educational purposes.	Town, Chamber of Commerce, organizations	Town, Provincial and Federal programs, Local organizations, Donors	Town, Chamber of Commerce, local organizations, schools.	Short term, on going	Trails being clearly identified. A map of trails designed, printed and disseminated to businesses and, residents and tourists.	

AFC – STEERING COMMITTEE ACTION PLAN - Social Participation

Objective #5— Ensure that opportunities are available for seniors to be socially active, with an emphasis on intergenerational activities.

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. More effective dissemination of information about activities already happening in town.	Town (Recreation/events coordinator/director)	Town, Province, local organizations	Town, Province, Local Organizations (Spindrifters, Saint Andrews Arts Council, BIA, Churches, etc.)	Short term, on going	Review done of how people receive information. Cost analysis done, Creation of an “events” website/information package	
2. Organize intergenerational events (ex. Ethnic potlucks, courses in DIY projects, affordable art classes, mentorships)	Local Organizations, Churches, Sunbury Shores, Saint Andrews Arts Council, Kingsbrae Gardens, Town, Schools	User fees, Donation of time and expertise by course providers, Province	Local artists, artisans, and expert. Local Organizations already providing some of these services Schools	Short term, on going	Tracking intergenerational events already happening and showing an increase of the same.	
3. Create a “look after your neighbour” mentality	Churches, Spindrifters, Local Organizations, Extra mural Red Cross	Province	Other communities/organizatons that have already developed programs that support and encourage this approach.	Short term, on going	Organization or group of volunteers research best practices, develop program, funds, implement the plan. Red Cross implemented.	
4. Create volunteering opportunities for all ages.	Town, Province Passamaquoddy Lodge, schools, NBCC, Chamber of Commerce, Churches, Local Organizations, not-for-profit organizations		All Local Organizations, Churches, Businesses, Schools, etc. who already use volunteers.	Short term, on going	Analysis of who volunteers and which organizations use volunteers completed. Registry of volunteers, their skills, and when they want to do, as well as skill sets needed from volunteers, created.	
5. Create employment opportunities for seniors.	Business community (BIA, Chamber of Commerce)		Business Community (BIA, Chamber of Commerce)	Short term, on going	Job fair directed specifically to seniors hosted Opportunities publicized	

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	STATUS
6. Open an "inclusion" center	Churches, Local Organizations, Spindrifters, Medical facility	Province	Churches, Local Organizations, Spindrifters	Short term, on going	A local group, church or Spindrifters has taken on this project. Drop-in centre for seniors found and opened	

AFC – STEERING COMMITTEE ACTION PLAN - Respect and Social Inclusion**Objective #6— Ensure that relationships within the community are respectful and inclusive.**

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Establish a community kitchen to educate (nutrition, cooking, growing food), prepare food in bulk, canning and preserving, seed and recipe library, and open to everyone for lunch.	Community Garden, Local organizations, Churches	Province, Donors, Local Organizations	Local Organizations, Churches, Community Garden, Kingsbrae Gardens, Ministers Island, Residents	Long term, on going	Organization/individual has taken the lead, Concept developed, cost analysis done, funding secured. Community kitchen up and running people/organizations to managing it.	
2. Develop a “gratitude list” or recognition program	Town, Local Organizations, BIA, Chamber of Commerce, Residents		Town, Local Organizations, Chamber of Commerce, BIA, Residents	Short term, on going	Organization/individual has taken the lead. Concept developed. Gratuities posted regularly	
3. Create opportunities where elders might share their wisdom with younger generations.	Local Organizations, Spindrifters, Churches, schools, recreational groups	Province, Local Organizations, Spindrifters, Churches	Local Organizations, Spindrifters, Churches, schools, recreational groups	Short term, on going	Organization/individual has taken the lead. Concept developed. Events hosted.	
4. Remove physical barriers to all municipal buildings and Town-owned sites. Encourage business owners to make their properties more accessible.	Town, Business owners, Chamber of Commerce	Town, Province, Federal government, BIA	Town, Businesses, Saint Andrews Civic Trust, heritage information	Long term, on going	Inventory of all businesses and service provider locations developed. Options to make accessible and sources of funding compiled and shared (Town and Businesses, local organizations). Buildings made more accessible	

AFC – STEERING COMMITTEE ACTION PLAN - Civic Participation and Employment**Objective #7 — Ensure that seniors can take part in volunteer, political and employment opportunities.**

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Survey businesses to see if they might be willing to hire seniors.	Businesses, Seniors Advisory Committee (not yet formed)	Chamber of Commerce, BIA	Chamber of Commerce, BIA New Provincial Program – Tourism Employment Fund for Seniors	Short Term	List of jobs and skill sets needed developed and publicized. Seniors hired	
2. Develop a data bank of people looking for work, full and part-time, their skills, and what jobs are available.	Businesses	Chamber of Commerce, BIA	Chamber of Commerce, BIA	Short term, on going	Interactive website where this data is inputted developed and available both for business owners and those looking for work.	
3. Promote the co-op program at Sir James Dunn Academy within the business community.	SJDA, Chamber of Commerce, BIA	SJDA, Chamber of Commerce, BIA	SJDA, Chamber of Commerce, BIA	Short term, on going	Promotion program created and publicized. Monitor any increase in positions held by the SJDA students.	
4. Create opportunities for people who are isolated, allowing them to volunteer and become more connected to their community.	Town, Passamaquoddy Lodge, SJDA, NBCC, Chamber of Commerce, Churches, Local Organizations	Province	Town, Passamaquoddy Lodge, SJDA, Chamber of Commerce, Churches, Local Organizations	Short term, on going	Organization has taken on this initiative. Isolated individuals within the community feel more engaged, volunteer or participate in activities. More volunteers, less isolated individuals. Recognize volunteers.	

AFC – STEERING COMMITTEE ACTION PLAN - Communication and Information

Objective #8 — Communication is fundamental to our day-to-day existence. Accessibility and distribution of information support inclusion and social participation, critical to ensuring the health and well-being of seniors, in fact, of people of all ages. Information should be easy to find and in easy to understand document(s).

Recommended Actions	Responsible Party(ies)	Potential Funding Source	Resources Available	Timelines	Performance Indicators	Status
1. Develop a resource booklet/data base: medical, social, financial, recreational, volunteer, community services.	Town, Churches, Local Organizations, Province	Town, Province	Town, Province, Churches, Local Organization, Chamber of Commerce, BIA Info. Kiosks	Long term, ongoing	Lead organization/individual for this initiative identified. Analysis of how information is disseminated and received completed. Cost analysis done Funding secured. Booklet/data base/website developed and publicized.	
2. Create a recreation/communication director/coordinator position to develop and carry out a communication strategy.	Town, Chamber of Commerce	Town, Province, Local Organizations, BIA, Chamber of Commerce	Town, Province, Local Organizations, BIA, Chamber of Commerce	Short term, on going	Cost analysis done. Funding secured Job description and ad for the position developed. Director/coordinator hired	
3. Communication website to include interactive section so local organizations can post information regarding events.	Town (Communication director), Local Organizations		Communications Director (Town)	Short term, on going	A website exists where at part of it is interactive. Organizations post information to the site	
4. Disseminate information at monthly community pot luck.	See Number 2, under social participation				People are informed of events and attend.	
5. Encourage people to use information services already in place – CHCO, bulletin boards, Town newsletters, church bulletins, organizations' websites, Spindrifters, etc.	Town, Local Organizations, Spindrifters, Churches, CHCO, Residents		Town, Local Organizations, Spindrifters, Churches, Residents	Short term, on going	A strategy for greater reader/viewership is developed. Organizations track visitors to their websites.	

Community Statistical Profile

Saint Andrews New Brunswick Canada

December 5, 2017

The Town of Saint Andrews is located at the end of a peninsula on the southwestern tip of New Brunswick, Canada.

A preliminary task of the Age-Friendly Community Steering Committee is to prepare a statistical profile of Saint Andrews. The criteria includes: population, age, gender, language, marital status, housing, income and education. In addition to these statistics, life expectancy, quality of life, climate, services and amenities are mentioned in this report.

Information was gathered from 2016 and 2011 Statistics Canada National Household Survey Census Profiles, NB Health Council Community Health Profile 2017, weatherbase.com, and various other available sources. The data presented will be used to better understand the composition of the community, and as a guide to identify action items.

Data tables are outlined on pages 4 -14. Where possible, information is compared to New Brunswick and to Canada.

Key Findings:

Population, Age & Gender

The total population of Saint Andrews decreased from 1889 (2011) to 1786 (2016): a *decrease* of 5.5%.

2016 shows that 210 people were aged 0-14 years: a *decrease* from 250 in 2011. 1040 persons were aged 50-64: a *decrease* from 1215 in 2011. 540 persons were aged 65 years and over: an *increase* from 430 in 2011. It is of note that in 2016, 53.9% of the town's total population were aged 50-100 years.

The percentage of persons 65 years and older has increased from 22.8% (2011) to 30.2% (2016): an *increase* of 7.4%. This increase is not exclusive to Saint Andrews: results for the province show growth in this age group from 16.5% (2011) to 19.9% (2016): an *increase* of 3.4%.

The median age in Saint Andrews increased from 48.5 (2011) to 52.8 (2016). Of the town's total population, 2016 statistics show 840 male persons and 950 female. 2011 statistics show 875 male persons and 1015 female.

Languages

Knowledge of New Brunswick's official languages in Saint Andrews remains the highest for English-only at 83.5 % but has dropped slightly since 2011 (84.2%). Knowing both French and English has increased slightly: 15.3% (2011) to 16.5% (2016). The top three languages spoken were English, French and German, but it also bears note that nine languages were reported in the 2016 census.

Marital Status and Family Characteristics

2016 marital status data was accessed from 1,310 persons over the age of 15. Of the 1310, 825 were identified as married or living common-law compared to 485 never married, separated, divorced or widowed. The average size of

census families was 2.6.

Housing

In addition to the 2016 data shown in the tables, it should be noted that a three-storey apartment building has since been built which contains 34 rental units for ages 50+.

Income

In 2015 Saint Andrews had an average total income of households of \$82,526. New Brunswick had an average total income of households of \$72,786. The average total income of Canadian households was \$92,764. It should be noted that in Saint Andrews 195 households (15 years and over) had a total income under \$10,000 (including loss) and 100 households had a total income of \$100,000 and over.

Education

In 2016, based on 25% sample data of the Saint Andrews population aged 15 years and over, 35% hold a university certificate, diploma or degree at bachelor level or above. Also, 25% hold a college, CEGEP or other non-university certificate or diploma.

Life Expectancy

The New Brunswick Health Council's Community Health Profile (2017), identified an average life expectancy of 79.5 years for *Saint Andrews and local surrounding communities* compared to 80.2 years for New Brunswick. A further breakdown identifies the life expectancy for females as 82.1 years compared to 82.8 years for NB. Life expectancy was identified as 76.8 years compared to 77.5 years for NB.

Additionally, Statistics Canada 2016 data shows that in Saint Andrews, in New Brunswick and in Canada, a predominance of females in the 50 years and over age groups.

“Women and men experience aging in different ways and women outnumber men in the oldest age categories (80-plus). For both men and women, there are significant differences between life at age 65, 75 and 85-plus.” (p.4, Healthy Aging in Canada http://www.phac-aspc.gc.ca/seniors-aines/alt_formats/pdf/publications/public/healthy-sante/vision/vision-eng.pdf)

Quality of Life

Quality of life features were also reviewed as it reflects “a person's physical, mental, emotional and social functioning which goes beyond measuring life expectancy” (p.32, NB Health Council, 2017). The table shows pain and soreness prevented activities for two age groups within *Saint Andrews and surrounding communities* in comparison to NB (18-64 years 22% versus 10%; 65+ years 24% versus 12%). Despite these results, both age groups identified their health as being very good or excellent, on par with NB results. In terms of life satisfaction, a difference was seen between the two age groups. Persons 65+ years rated their life satisfaction as very satisfied or satisfied at 98% compared to 89% in NB, and 18-64 years rated 89% compared to 93% in NB.

Climate

The Town of Saint Andrews has a climate and weather pattern which is important to include when assessing needs and gaps in planning for an age-friendly community.

According to weatherbase.com, Saint Andrews' average annual temperature is 5^o Celsius compared to NB's average annual temperature of 4.8^oC. The average annual high temperature is 10^oC, the same as NB's. The average low temperature of 1^oC is higher than the NB average of -0.4^oC. Saint Andrews' average annual precipitation is 1153 mm compared to NB's average of 1127 mm.

In 2016, the maximum average temperature in Saint Andrews was 22°C and the minimum average temperature was -5°C (worldweatheronline.com). Temperatures and snowfall amounts in Saint Andrews tend to be less extreme than many other towns in NB as can be seen in the tables.

Services & Amenities

Although Saint Andrews has a relatively small population, the Town is well covered by emergency services (RCMP, fire, and ambulance). Also, within the Town is a health centre (staffed by one family doctor, one physiotherapist, and one athletic therapist), a 60-bed nursing home, extra mural services, a pharmacy and meals on wheels. Located within a half hour drive is Charlotte County Hospital (outpatient/inpatient) and within a one-hour drive is Saint John Regional Hospital. The Town has one taxi, and a bus service to Saint John and Bangor, Maine with connections to other locations.

The Town has three schools: Elementary (Kindergarten - Grade 5), Middle/High School (Grades 6-12), and a Community College (Post-secondary). There is one public daycare centre and various privately-run daycares. Saint Andrews has a town hall with public washrooms, chamber of commerce, library, churches, post office, bank, grocery store, hardware store, real estate and law offices, visitor information centre, youth centre, service clubs, retail shops, various community groups, sports teams and an arena complex for hockey, skating, curling and community events.

Saint Andrews also has a federal biological research station, a marine science centre and discovery aquarium. Residents and visitors have access to arts and nature centres, accommodations, restaurants, museums, provincial archives, a national award winning horticultural garden, full service campground, a championship golf course, children's creative playground, and walking/biking trails.

Tables

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Climate.....	page 13

POPULATION, AGE AND GENDER GROUPS

	SAINT ANDREWS, Town							
	Total	Male	Female		Total	Male	Female	
	2016 Census				2011 Census			
Total - Age groups and average age of the population - 100% data	1790	840	950		1890	875	1015	
0 to 14 years	210	120	100					
0 to 4 years	65	30	30	0 to 4 years	85	50	35	
5 to 9 years	80	50	35	5 to 9 years	70	40	30	
10 to 14 years	70	35	35	10 to 14 years	95	45	50	
15 to 64 years	1040	500	540					
15 to 19 years	95	55	40	15 to 19 years	120	55	60	
20 to 24 years	115	65	45	20 to 24 years	120	60	60	
25 to 29 years	70	35	40	25 to 29 years	85	45	35	
30 to 34 years	55	25	25	30 to 34 years	80	40	40	
35 to 39 years	85	40	50	35 to 39 years	90	35	55	
40 to 44 years	75	30	45	40 to 44 years	95	45	45	
45 to 49 years	105	55	50	45 to 49 years	160	70	90	
50 to 54 years	135	60	80	50 to 54 years	140	65	70	
55 to 59 years	140	65	80	55 to 59 years	150	65	85	
60 to 64 years	150	65	90	60 to 64 years	175	80	95	
65 years and over	540	225	310					
65 to 69 years	180	85	95	65 to 69 years	130	65	60	
70 to 74 years	115	60	65	70 to 74 years	80	35	45	
75 to 79 years	80	35	45	75 to 79 years	70	35	40	
80 to 84 years	70	35	35	80 to 84 years	60	25	30	
85 years and over	90	15	70	85 years and over	90	20	75	
85 to 89 years	50	15	35	Data not available				
90 to 94 years	25	5	20					
95 to 99 years	10	0	10					
100 years and over	0	0	5					
Median age of the population	52.8	49.6	55.4	Median age of the population	48.5	46.3	50.2	

Note: Statistics Canada is committed to protect the privacy of all Canadians and the confidentiality of the data they provide to us. As part of this commitment some population counts of geographic areas are adjusted in order to ensure confidentiality. **Counts of the total population are rounded to a base of 5 for any dissemination block having a population of less than 15.** Population counts for all standard geographic areas above the dissemination block level are derived by summing the adjusted dissemination block counts. The adjustment of dissemination block counts is controlled to ensure that the population counts for dissemination areas will always be within 5 of the actual values. The adjustment has no impact on the population counts of census divisions and large census subdivisions.

2016 Census	New Brunswick			Canada		
Characteristics	Total	Male	Female	Total	Male	Female
Total - Age groups and average age of the population - 100% data	747105	365355	381745	35151730	17264200	17887530
0 to 14 years	110495	56320	54180	5839565	2992920	2846645
0 to 4 years	34365	17505	16860	1898790	973030	925760
5 to 9 years	38250	19515	18735	2018130	1034685	983445
10 to 14 years	37880	19295	18585	1922645	985200	937445
15 to 64 years	487820	240535	247285	23376530	11576130	11800400
15 to 19 years	40605	20905	19705	2026160	1039215	986940
20 to 24 years	41445	21280	20165	2242690	1144495	1098200
25 to 29 years	39245	19745	19505	2285990	1144470	1141515
30 to 34 years	41510	20140	21365	2329395	1148290	1181110
35 to 39 years	44435	21585	22850	2288365	1118635	1169730
40 to 44 years	48430	23520	24910	2255135	1104440	1150695
45 to 49 years	51300	25195	26105	2359965	1157760	1202210
50 to 54 years	61055	29795	31265	2678075	1318755	1359320
55 to 59 years	61740	30210	31530	2620240	1285190	1335055
60 to 64 years	58060	28170	29895	2290510	1114885	1175630
65 years and over	148785	68500	80280	5935630	2695150	3240485
65 to 69 years	52160	25595	26570	1972480	953075	1019405
70 to 74 years	36050	17695	18360	1420875	677975	742900
75 to 79 years	25300	11835	13465	1021850	469550	552300
80 to 84 years	17650	7515	10135	749650	325765	423880
85 years and over	17620	5860	11765	770780	268790	501990
85 to 89 years	10670	3910	6760	482525	185535	296990
90 to 94 years	5305	1595	3715	223510	68675	154835
95 to 99 years	1435	330	1110	56525	13240	43280
100 years and over	205	30	185	8230	1340	6890

Note: Statistics Canada is committed to protect the privacy of all Canadians and the confidentiality of the data they provide to us. As part of this commitment some population counts of geographic areas are adjusted in order to ensure confidentiality. **Counts of the total population are rounded to a base of 5 for any dissemination block having a population of less than 15.** Population counts for all standard geographic areas above the dissemination block level are derived by summing the adjusted dissemination block counts. The adjustment of dissemination block counts is controlled to ensure that the population counts for dissemination areas will always be within 5 of the actual values. The adjustment has no impact on the population counts of census divisions and large census subdivisions.

DISTRIBUTION (%) BY AGE GROUPS

SAINT ANDREWS (2016)	
Total - Distribution (%) of the population by broad age groups - 100% data	100.00
0 to 14 years	11.7
15 to 64 years	58.1
65 years and over	30.2
(85 years and over)	5
Average age of the population	48.5
Median age of the population	52.8

2016 Census	New Brunswick			Canada		
Characteristics	Total	Male	Female	Total	Male	Female
Total - Distribution (%) of the population by broad age groups - 100% data						
0 to 14 years	14.8	15.4	14.2	16.6	17.3	15.9
15 to 64 years	65.3	65.8	64.8	66.5	67.1	66
65 years and over	19.9	18.7	21	16.9	15.6	18.1
(85 years and over)	2.4	1.6	3.1	2.2	1.6	2.8
Average age of the population	43.6	42.7	44.5	41	40.1	41.9
Median age of the population	45.7	44.8	46.6	41.2	40.2	42.2

LANGUAGE

SAINT ANDREWS	2016			2011		
	Total	Male	Female	Total	Male	Female
Total - Knowledge of official languages for the total population excluding institutional residents - 100% data	1730	830	900	1835	870	965
English only	1445	690	745	1545	740	810
French only	0	0	0	0	0	0
English and French	285	135	150	280	125	155
Neither English nor French	0	0	0	0	0	0

LANGUAGE SPOKEN MOST OFTEN AT HOME

SAINT ANDREWS	2016
Total - Language spoken most often at home for the total population excluding institutional residents - 100% data	1730
Single responses	1710
Official languages	1675
English	1665
French	15
Russian	5
German	15
Romanian	5
Spanish	5
Korean	5
Cantonese	5
Mandarin	5
Multiple responses	20
English and French	5
English and non-official language	15
Total - Other language(s) spoken regularly at home for the total population excluding institutional residents - 100% data	1730
None	1655
English	20
French	35
Non-official language	15

MARITAL STATUS

SAINT ANDREWS	2016
Total - Population aged 15 years and over by marital status - 100% data	1570
Married or living common law	965
Married	820
Living common law	135
Not married and not living common law	610
Never married	340
Separated	40
Divorced	85
Widowed	150

FAMILY CHARACTERISTICS

SAINT ANDREWS	2016
Total - Census families in private households by family size - 100% data	525
2 persons	335
3 persons	90
4 persons	75
5 or more persons	25
Average size of census families	2.6
Total number of census families in private households - 100% data	525
Total couple families	460
Married couples	390
Common-law couples	70
Total lone-parent families by sex of parent	60
Female parent	50
Male parent	10
Total - Couple census families in private households - 100% data	460
Couples without children	295
Couples with children	165
1 child	75
2 children	75
3 or more children	20
Total - Lone-parent census families in private households - 100% data	65
1 child	45
2 children	20
3 or more children	0
Total - Persons not in census families in private households - 100% data	310

HOUSEHOLD AND DWELLING CHARACTERISTICS

Total - Occupied private dwellings by structural type of dwelling - 100% data	795
Single-detached house	655
Apartment in a building that has five or more storeys	0
Other attached dwelling	145
Semi-detached house	5
Row house	25
Apartment or flat in a duplex	20
Apartment in a building that has fewer than five storeys	90
Other single-attached house	5
Movable dwelling	0
Total - Private households by household size - 100% data	790
1 person	250
2 persons	345
3 persons	95
4 persons	75
5 or more persons	25
Number of persons in private households	1675
Average household size	2.1

INCOME

SAINT ANDREWS	Total	Male	Female
Total income groups in 2015 for the population aged 15 years and over in private households - 100% data	1460	675	785
Without total income	40	15	20
With total income	1425	660	760
Percentage with total income	97.6	97.8	96.8
Under \$10,000 (including loss)	195	80	115
\$10,000 to \$19,999	240	85	155
\$20,000 to \$29,999	210	75	135
\$30,000 to \$39,999	180	75	105
\$40,000 to \$49,999	130	65	65
\$50,000 to \$59,999	120	65	55
\$60,000 to \$69,999	85	45	40
\$70,000 to \$79,999	65	35	30
\$80,000 to \$89,999	50	30	20
\$90,000 to \$99,999	45	30	20
\$100,000 and over	100	75	25
(\$100,000 to \$149,999)	75	55	20
(\$150,000 and over)	30	25	5

2016 Census Profile	SAINT ANDREWS	NB	CANADA
Average total income of households in 2015 (\$)	\$ 82,526	\$ 72,786	\$ 92,764

Note: For the 2016 Census, the reference period is the calendar year 2015 for all income variables.

EDUCATION

SAINT ANDREWS	Total	Male	Female
Total - Highest certificate; diploma or degree for the population aged 15 years and over in private households - 25% sample data	1465	690	770
No certificate; diploma or degree	170	55	120
Secondary (high) school diploma or equivalency certificate	270	145	130
Postsecondary certificate; diploma or degree	1020	495	525
Apprenticeship or trades certificate or diploma	100	75	25
Trades certificate or diploma other than Certificate of Apprenticeship or Certificate of Qualification	40	20	20
Certificate of Apprenticeship or Certificate of Qualification	60	55	0
College; CEGEP or other non-university certificate or diploma	360	125	230
University certificate or diploma below bachelor level	45	10	35
University certificate; diploma or degree at bachelor level or above	510	280	235
Bachelor's degree	320	150	170
University certificate or diploma above bachelor level	25	20	10
Degree in medicine; dentistry; veterinary medicine or optometry	15	20	0
Master's degree	120	70	45
Earned doctorate	30	20	10

LIFE EXPECTANCY

Life expectancy at birth (2007–2009) age	My Zone	N.-B.
Male	76.8	77.5
Female	82.1	82.8
Both	79.5	80.2

Page 35, NB Health Council Community Health Profile 2017

QUALITY OF LIFE

	My Community	NB
Adults (18 to 64 years)		
See their mental health as being very good or excellent (2014) %	63	67
See their health as being very good or excellent (2014) %	53	54
Pain or soreness that prevents activities (physical or emotional) (2012–2014) %	22	10
Life satisfaction, very satisfied or satisfied (2012–2014) %	89	93
Seniors (65 years and over)		
See their mental health as being very good or excellent (2014) %	64	60
See their health as being very good or excellent (2014) %	36	36
Pain or soreness that prevents activities (physical or emotional) (2012–2014) %	24	12
Life satisfaction, very satisfied or satisfied (2012–2014) %	98	89

Page 32, NB Health Council Community Health Profile 2017

Important Note: Information gathered from the NB Health Council 'My Community at a Glance 2017' on life expectancy and quality of life profile represents **Saint Andrews and surrounding communities** such as, but not limited to, St. Stephen, Bayside, Chamcook, Bocabec, Campobello Island, Waweig, and Oak Bay. This community profile represents a population of 15260 (2011) covering 1638 square kilometers in relation to a NB population (2011) of 751,171 and a Saint Andrews population 1790 (Statistics Canada, 2016) 1889 (Statistics Canada, 2011). The Saint Andrews region could not likely be singled out in the profile due to the small sample size and requisite need to protect privacy and confidentiality. Please exercise caution when reviewing the data.

CLIMATE

Taken from www.weatherbase.com

SAINT ANDREWS, NEW BRUNSWICK**MONTHLY - WEATHER AVERAGES SUMMARY**

°C

Average Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	5	-6	-5	-1	4	9	14	17	17	13	8	3	-3

Average High Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	10	-1	-1	2	8	15	19	22	22	18	12	6	---

Average Low Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	1	-11	-10	-5	---	4	9	12	12	8	4	---	-8

Average Precipitation

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
mm	1153	110	97	101	81	94	83	81	82	89	102	121	112

Average Number of Days With Precipitation

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Days	149.1	13.5	12.1	13.4	12.9	14.3	12.6	11.8	10.2	10.1	11.1	13.2	13.9

Average Length of Day

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Hours	12.8	9.8	11	12.5	14.1	15.4	16.1	15.7	14.5	13	11.4	10.1	9.4

Average Number of Days Above 90F/32C

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Days	1.8	---	---	---	---	0.1	0.5	0.6	0.4	0.3	---	---	---

Average Number of Days Below 32F/0C

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Days	162.4	30.3	27.4	28.7	16.4	2.6	---	---	---	0.6	7.4	20.1	28.9

Average Snowfall

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
cm	226.6	63.8	43.9	47.5	14	---	---	---	---	---	0.8	8.4	48.3

Average Number of Days With Snow

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Days	43.4	11.1	9.2	8.1	3.4	0.1	---	---	---	---	0.3	2.9	8.3

FREDERICTON, NB**Average High Temperature**

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	10	-4	-3	2	9	17	22	25	23	19	12	5	-2

Average Low Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	-1	-16	-16	-8	-1	3	8	12	11	7	2	-3	-12

Average Precipitation

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
mm	1080	90	70	90	70	70	90	80	100	90	100	90	80

Average Snowfall

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
cm	242	59	56	40	16	---	---	---	---	---	1	19	48

MONCTON, NB**Average High Temperature**

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	11.2	-3.2	-1.7	2.7	9	16.5	21.9	25.3	24.7	20	13.2	6.4	-0.1

Average Low Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	0.9	-13.1	-12.2	-7.2	-0.7	4.9	10	13.7	13.2	8.9	3.3	-1.5	-8.4

Average Precipitation

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
mm	1124	97.7	84	105.9	92	101.7	88	84.8	76.6	93.7	105.9	93.8	100

Average Snowfall

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
cm	282	67.4	53.8	58.5	28.5	4.9	---	---	---	---	1.3	16.7	50.8

MIRAMICHI, NB**Average High Temperature**

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	10.5	-5	-2.8	2.1	8.5	16.3	22.2	25.2	24.6	19.5	12.3	4.9	-1.3

Average Low Temperature

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
C	-0.8	-16.6	-14.9	-8.9	-2.1	3.7	9.3	13	12.3	7.4	1.5	-3.4	-11.1

Average Precipitation

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
mm	1072.4	87	70.9	90.8	84.9	99.5	86.3	99.9	93.1	84.5	89.7	100.6	85.3

Average Snowfall

	ANNUAL	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
cm	291.4	70.4	54.6	59.6	25.8	1.7	---	---	---	---	2.6	26.8	49.9

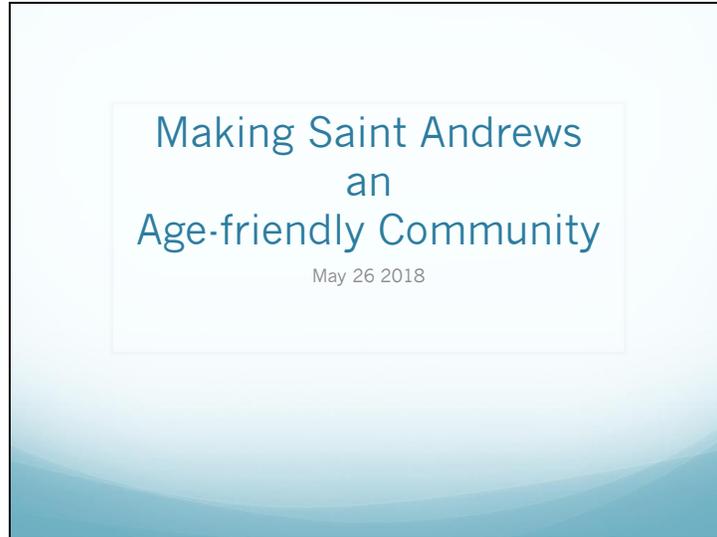
AFC – SAINT ANDREWS, NB – Strengths, Weaknesses, Opportunities and Threats (SWOT) ANALYSIS PER DOMAIN, June 2018

DOMAIN	STRENGTH	WEAKNESS	OPPORTUNITIES	THREATS
Housing	<ul style="list-style-type: none"> - new senior apartment bldg. - existing Quinn House and Quoddy Breeze - nursing home - low income housing available 	<ul style="list-style-type: none"> - lack of affordable housing - need student and senior housing 	<ul style="list-style-type: none"> - construct housing/apt. & NBCC dorms for students - extended health care home 	<ul style="list-style-type: none"> - if too expensive or non-existent housing – people will not move here or will leave
Transportation	<ul style="list-style-type: none"> - small community - easy to locate places - Dial a Ride - Rural Lynx bus service 	<ul style="list-style-type: none"> - no regular taxi/bus service - no wheelchair accessible service - summertime traffic flow front street? 	<ul style="list-style-type: none"> - bus/taxi service 	<ul style="list-style-type: none"> - people might not move here if no multi-faceted transportation service - difficult for students and seniors
Outdoor Spaces & Buildings	<ul style="list-style-type: none"> - easy access to trails, beach, parks, water for boating activities – free - recreation facilities: tennis courts, Mallory Field, speed skating, hockey, curling, yacht club - wharf has pedestrian area, access to fishing, kayaking - Town memorial program (benches, trees) 	<ul style="list-style-type: none"> - poor lighting - limited or no wheelchair accessibility - lack of public washrooms - lack of parking, including disabled spaces - lack of benches throughout town and on the trails 	<ul style="list-style-type: none"> - off leash dog park - increase trails by adding paved lane around the peninsula - increase signage of available public washrooms - conduct traffic study to look at all options to increase safety, encourage physical activity and better define parking 	<ul style="list-style-type: none"> - competing projects for funds - resistance to change

DOMAIN	STRENGTH	WEAKNESS	OPPORTUNITIES	THREATS
Social Participation	<ul style="list-style-type: none"> - great volunteer base; mostly retired - numerous groups for activities, arts and culture, services, sports, literacy, fundraising 	<ul style="list-style-type: none"> - lack of transportation for seniors if they want to attend an evening event - lack of awareness of what is going on, where and who is included/welcome 	<ul style="list-style-type: none"> - encourage other age groups to volunteer - Recreation Director for all ages - identify volunteer opportunities and skill requirements 	<ul style="list-style-type: none"> - retired group needs succession plan - failure to encourage, support and recognize volunteers - failure to recognize how people receive information
Respect and Social Inclusion	<p>Many activities bring together people of all ages, eg. Father's Day race, Triathlon, Kiwanis carnival, Artrageous, Indulge, Canada Day Events</p>	<ul style="list-style-type: none"> - consultation on what seniors need for services - consultation on what other age groups need for services 	<ul style="list-style-type: none"> - intergenerational programs at public schools & NBCC - develop data bank of people with variety of skill sets -provide an orientation as to the rationale, principles and practices of Age-Friendly Communities to Town staff and share this with the businesses. 	<ul style="list-style-type: none"> - if people do not feel included, respected and welcome (a sense of belonging), they will leave - Without participation of community members, many activities would not happen
Civic Participation & Employment	<ul style="list-style-type: none"> - great volunteer base - tremendous variety of skills that businesses could tap into 	<ul style="list-style-type: none"> - businesses need to be adapted to meet the needs of disabled people - availability of support for volunteers (e.g., training, transportation, reimbursement of expenses, method of appreciation) - availability of training opportunities related to the accommodation of seniors' needs in the workplace. 	<ul style="list-style-type: none"> - program/opportunity to hire seniors or retired residents 	<ul style="list-style-type: none"> - burnout of volunteers in community - businesses unable to keep open, or provide the level of service they want to - businesses close due to lack of staff - impacts reputation of the Town as a destination

DOMAIN	STRENGTH	WEAKNESS	OPPORTUNITIES	THREATS
Communication and Information	<ul style="list-style-type: none"> - CHCO - Town website - Courier - posters - newsletters - flyers - internet, social media 	<ul style="list-style-type: none"> - Courier does not always cover Saint Andrews adequately - some residents are socially isolated in the community - communication is not always available in a format that factors in age-friendly considerations 	<ul style="list-style-type: none"> - centralized, coordinated process for communicating information to all residents - training for seniors on using a computer 	<ul style="list-style-type: none"> - lack of uniformly dependable internet - lack of assistance to fill out forms, search out available programs and support
Community Support and Health Services	<ul style="list-style-type: none"> - CCH - 25 minutes - SJRH and SJH – 1 hour - Extra Mural - Public Health - Mental Health - Food bank - Meals on Wheels - Kindred Care type of support - Home first - Hospice - Dial a Ride 	<ul style="list-style-type: none"> - 1 doctor – near retirement - no clinic service/ by appointment only - 1 dentist – near retirement - building needs major renovations or replacement 	<ul style="list-style-type: none"> - try to entice physician, dentist, nurse practitioner to town - Wellness Centre - Assisted living - Seniors Day Centre - additional health and wellness services - Red Cross Community Check- In Program 	<ul style="list-style-type: none"> - people look for service when considering moving here – may choose another community instead - current facilities not attractive to prospective medical professionals – seeking more team-based approach - local seniors moving to where services are available

Slide 1



Slide 2



Slide 3

Why now?

Research tells us, on average:

- It costs \$1000/day to stay in a hospital
- It costs \$160/day in a nursing home
- It costs \$55/day to support staying at home

Aging with confidence: Ontario's Action Plan for Seniors 2015

Slide 4

Areas for Action

- The World Health Organization has identified 8 areas to achieve AFC designation:
 - ① Outdoor spaces and buildings
 - ② Transportation
 - ③ Housing
 - ④ Social participation
 - ⑤ Respect and social inclusion
 - ⑥ Civic participation and employment
 - ⑦ Communication and information
 - ⑧ Community support and health services

Slide 5

New Brunswick age-friendly communities

- New Brunswick has an age-friendly community recognition program
- Moncton recognized as first age-friendly community in province; Tracadie and Cocagne have also been recognized
- 19 other NB communities are well underway to become age-friendly

Slide 6

Benefits of an age-friendly community

- Neighbourhoods safe for children, youth, women and older adults
- Seniors have services and supports they need, relieving stress on family members/friends
- Barrier-free streets and buildings enhance mobility and independence of young and old persons with disabilities
- Whole community benefits from participation of older persons in volunteer or paid work in the community
- Older consumers contribute to the local economy
- Age-friendly communities benefit people of **all** ages

Slide 7

Age-friendly assessment

- Statistical review 2017
- Focus groups – October 30 2017
- Day for the Ages – November 25 2017
- Age-friendly survey – April 2018

Slide 8

Statistical overview

Population of Saint Andrews 2001-2016

Year	Population
2001	1750
2006	1650
2011	1680
2016	1590

5 % drop

Population by Age Group 2011-2016

Age Group	2011	2016
0-14	200	220
15-49	750	600
50+	850	910

8 % increase

Census 2001 to 2016

Slide 9

What you told us

Focus Groups:

- affordable, intergenerational housing
- affordable, year-round housing for students, young families & professionals, seniors
- parking and truck delivery on Water St
- lack of available information

Slide 10

What you told us (cont'd)

Day for the Ages:

- Lack of holistic Health Care, here
- Future growth – sustainable development
- Preservation of town history
- How to age safely at home
- Affordable Housing for all ages
- Need non-traditional wellness initiatives for all
- Build a more inclusive community
- Active transportation, walking, wheeling, bike share, cycling infrastructure
- Youth recreation for ages 0-18
- Climate change – recycling, back yard composting, community gardening
- Ease of access to community information

Slide 11



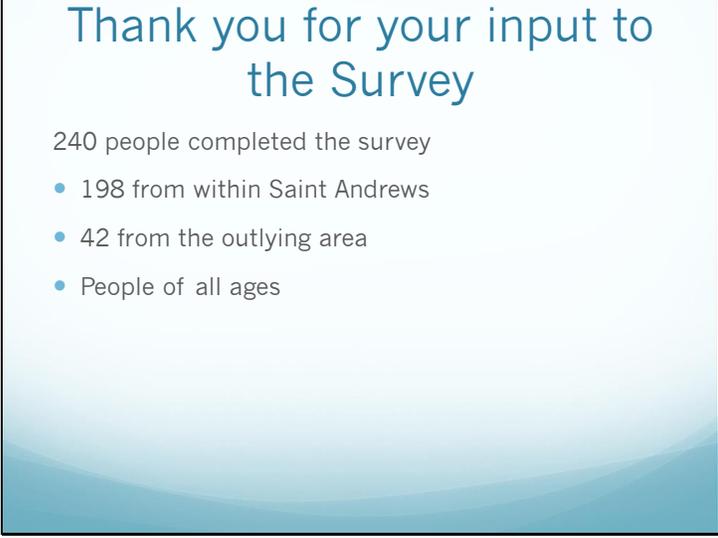
Slide 12

**Town of Saint Andrews
Age-Friendly Community
Survey – Draft Report**

Tuesday, May 15, 2018

Powered by  SurveyMonkey

Slide 13

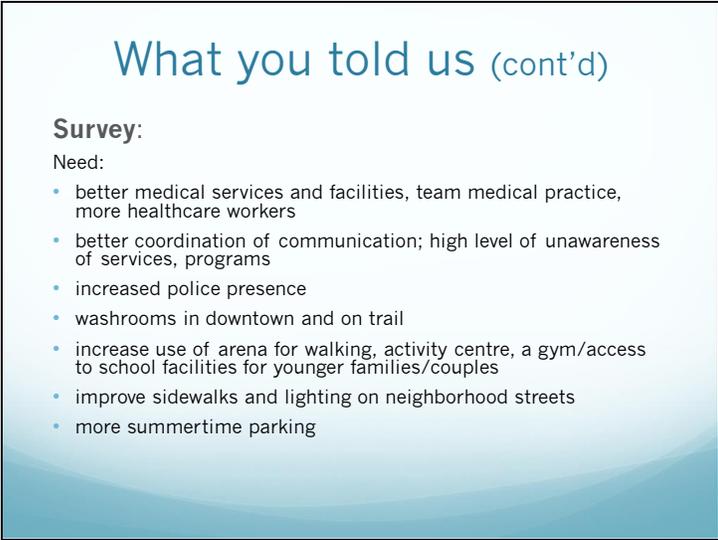


Thank you for your input to the Survey

240 people completed the survey

- 198 from within Saint Andrews
- 42 from the outlying area
- People of all ages

Slide 14



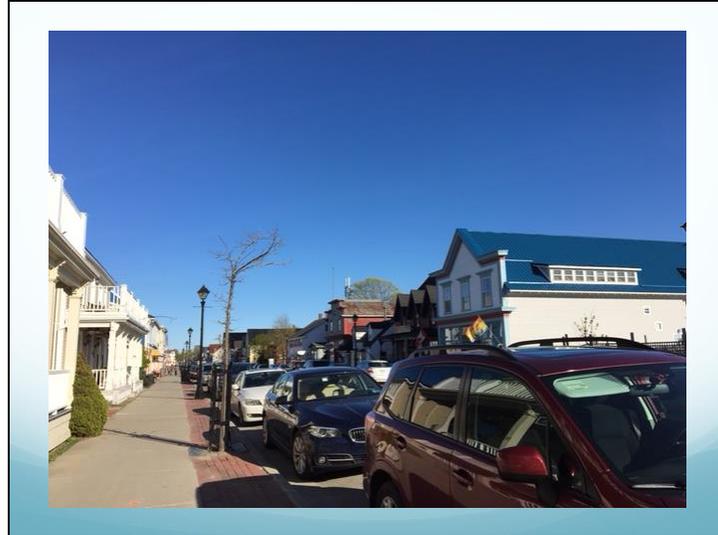
What you told us (cont'd)

Survey:

Need:

- better medical services and facilities, team medical practice, more healthcare workers
- better coordination of communication; high level of unawareness of services, programs
- increased police presence
- washrooms in downtown and on trail
- increase use of arena for walking, activity centre, a gym/access to school facilities for younger families/couples
- improve sidewalks and lighting on neighborhood streets
- more summertime parking

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What you told us (cont'd)

Need:

- local shuttle/bus/taxi service
- reduce speeding
- inventory of suitable apartments, condos, garden homes, assisted living
- help with repairs, snow clearance, laundry to keep seniors at home
- handicap access to shops/services/town hall
- communicate opportunities to volunteer, work
- recognition for work of Spindrifters

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Summary

- We are
 - an aging community
 - an active volunteer community
- We need
 - better, more holistic medical services
 - more, affordable and suitable housing options for all ages
 - better communication on events, opportunities, services
 - better transportation options
 - better access to buildings, more public washrooms
 - more connections between/across the generations
 - better recreational facilities and opportunities for all ages

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